

Biomechanical Exam

Doctor:	Patient:
	Date:
	Approx. weight:
	Age:

Non Weight-Bearing	Left	Right		Left	Right
Limb Length					
Hips Extended - Int			Hips Flexed - <i>Int</i>		
Hips Extended - Ext			Hips Flexed - <i>Ext</i>		
Clarke's Test			Genu Recurvatum		
Genu Varum			Genu Valgum		
Cruciate Stability - <i>Ant</i>			Collateral Stability - <i>Medial</i>		
Cruciate Stability - <i>Post</i>			Collateral Stability - <i>Lateral</i>		
McMurry's Sign			Hamstrings < 30°		
Malleolar Torsion			Calc to Tib - <i>Neutral</i>		
Ankle - Knee Extended			Calc to Tib - <i>Max Inv</i>		
Dorsiflexion - Knee Flexed			Calc to Tib - <i>Max Eve</i>		
Forefoot - Rear Angle			1st MPJ Dorsiflexed		
Reduced Forefoot - Rear			1st Metatarsal Position		

Weight-Bearing					
Tibial Angle - <i>Neutral</i>			Total STJ Range of Motion		
Tibial Angle - <i>Relaxed</i>					
Calc Stance - <i>Neutral</i>			Motion from STJ Neutral - <i>Inv</i>		
Calc Stance - <i>Relaxed</i>			Motion from STJ Neutral - <i>Eve</i>		
Static Pronation			Supinatus Present		
Total Rearfoot to Ground Angle			Total Forefoot to Ground Angle		

Recommended Orthotic	Rearfoot		
Posting Required	Forefoot		

Dynamic / EDG Observations:

Diagnosis:
