



PENGUIN ORTHOTICS 2-352 Wilson St. E., Ancaster ON, L9G 2C2

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Doctor:	Patient:		
	Date:		Due date:
	Approx. weight:	Age:	Quantity:

PRINTED SHELL	PA12-CF		HEEL CUP		HEEL LIFT		POSTING Post to calcaneal vertical Neutral (as they sit)																			
	2.2 mm	2.5 mm	12 mm		Right	Left	REARFOOT: Intrinsic Extrinsic																			
	3.0 mm	3.5 mm	15 mm				Left ____ ° VR VLG Right ____ ° VR VLG																			
	4.0 mm	4.5 mm	20 mm				FOREFOOT: Intrinsic Extrinsic																			
	Other ____ mm	Other ____ mm					Left ____ ° VR VLG Right ____ ° VR VLG																			
	Heel stabilizer size Small Medium Large						Skive L ____ mm R ____ mm																			
	Forefoot post size Small Medium Large						Inversion L ____ ° inversion R ____ ° inversion																			
	Arch support bars Soft Medium Hard						Motion L ____ ° of motion R ____ ° of motion																			
ORTHO	STYLE	LENGTH	SHOE SIZE	SHOE WIDTH	FLANGES																					
	Sport Dress Cobra	Full foot Sulcus Met heads	 Ladies'	 Men's	Right Medial Lateral Left Medial Lateral																					
ADDITIONS	Metatarsal pads		Right Left		<table border="1"> <tr> <td>STANDARD</td> <td colspan="3">SANDWICH</td> </tr> <tr> <td>2 mm</td> <td>Shell</td> <td>Top</td> <td>Bottom</td> </tr> <tr> <td>3 mm</td> <td>2 mm</td> <td>2 mm</td> <td>1 mm</td> </tr> <tr> <td>4 mm</td> <td>3 mm</td> <td>3 mm</td> <td>2 mm</td> </tr> </table>						STANDARD	SANDWICH			2 mm	Shell	Top	Bottom	3 mm	2 mm	2 mm	1 mm	4 mm	3 mm	3 mm	2 mm
	STANDARD	SANDWICH																								
	2 mm	Shell	Top	Bottom																						
	3 mm	2 mm	2 mm	1 mm																						
	4 mm	3 mm	3 mm	2 mm																						
	Small Medium Large																									
Heel pads (3mm PPT)																										
Horseshoe pads																										
Heel lift ____ mm (added)																										
Morton's extension																										
Reverse Morton's																										
1-5 PMP																										
CUSHION	Spenco / ETC V-Foam Poron Plastazote				SANDAL																					
	Nyplex Other ____ Thickness: ____ mm				PA12-CF TOP				THIN DRESS																	
					2.2 mm 2.5 mm Nyplex 6mm				2 mm																	
					3.0 mm 3.5 mm Plastaz 6mm				3 mm																	
					4.0 mm 4.5 mm				4 mm																	
TOP COVER	Vinyl Vinaire Trinidad				DIABETIC PA12-CF P3																					
	Ultrasuede Leather Other ____				Regular				• 3mm PPT																	
					Thick				• 3mm Plastazote																	
									• 3mm 1-5pmp																	
									• Met bump -50%																	

	Other notes/instructions:
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DIAGNOSIS: